

# **POLICE PENSION BOARD POLICIES**

(Revised March 26, 2019)

## **ACUPUNCTURE**

Acupuncture must be administered by a medical doctor or a licensed acupuncturist, under the guidance of a medical doctor.

The Board authorizes:

1. Twelve (12) visits, per calendar year
2. Pre-approval by the Board is required for more than twelve (12) visits, per calendar year. A letter from the physician, describing the reason more than twelve acupunctures visits per year are needed, must be submitted to the Board.

## **ADULT CARE**

The Board will utilize the most current Cost of Care Survey in the region the member resides, as a guideline to determine the level of payment for Adult Care. Each case will be reviewed by the Board on an individual basis.

Adult Care is defined as: adult day-care facilities; home health care; rehabilitation facilities; assisted living facilities; and nursing home facilities.

## **BOARD SECRETARY**

Per RCW 41.20.020, the secretary for the Police Pension Board shall be the City Clerk. Work time required for the Police Pension Board will be allocated to the City Clerk's salary.

The Board Secretary shall:

- Protect as confidential all Protected Health Information (PHI) as required by the Washington Health Care Information Act, Chapter 70.02 RCW and the Health Insurance Portability and Accountability Act of 1996 (HIPAA). Disclosures of PHI shall be only as authorized by law, to include release to the Board for purposes of official Board business or release to the pensioner upon request.

- Prepares an agenda and agenda packet containing minutes of the previous meeting, financial reports, claims voucher and other material relevant to the agenda items. The agenda packet will be distributed to the Board members on the Thursday prior to the meeting. The secretary will omit any confidential information from the agenda and agenda packet materials and will bring such information to the Board meeting for reference, if necessary.
- Maintain Board Member records on the state required Open Government Training Act including:
  - ✓ Date a new Board Member completes the training (within 90 days from being elected to the Police Pension Board).
  - ✓ Alert the Board Members every four years when the training is required to be repeated and record the completion date of that training.
  - ✓ Provide instructions to the Board Member on how to take the training on the Washington State Attorney General's Office website or other accredited entity.

## **BUDGET**

The Finance Director prepares the annual Police Pension Board's budget and presents it to the Board for approval. The Board's budget is part of the City's annual budget that is presented to City Council for final approval. The Police Pension fund balance is to be maintained at the 1994 year-end level of \$371,426.

## **CLAIMS**

All medical, dental, and vision claims must be submitted to the pensioner's primary, secondary and tertiary insurance carriers before any remaining balance is submitted to the Board for consideration of approval.

Claims for medical, dental or vision services, Medicare, or other related claims, must be presented for payment within six-months of the date the expense was incurred. Claims past the six-month period will not be paid, unless the claim was delayed by Medicare, the City of Richland's health care plan, tertiary insurance, the service provider or due to an event outside the pensioner's control. Under these circumstances, a claim may be submitted to the Board for authorization with a letter of explanation for the late submittal.

In the event a bill is not submitted in a timely fashion, leading to a finance or interest charge or a charge for a missed appointment, the Board will not pay for the additional charges and such charges will become the pensioner's responsibility to pay. The Board Secretary will provide an explanation for non-payment of such charges in the remittance to the service provider and pensioner.

All claims shall be submitted with a Claim Form that has been completed per the instructions on the form, to the Board Secretary, by the last day of each month, for approval of payment at the next month's Board meeting.

All claims will be presented to the Board for approval at the monthly Board meeting, the claim's log will be signed by the Board Chair and Board Secretary and paid on the City's check run the week following the Board meeting.

### **CLOSED SESSION**

When the Board needs to exercise its quasi-judicial authority for purposes of deliberating a pensioner's request for medical/dental/vision benefits, it may hold a closed session as recognized under the Washington Open Public Meetings Act, Chapter 42.30 RCW. The Board may hold a closed session at any time and for any duration without public notice. A closed session does not require the presence of the Agency's counsel in order to be valid under state law.

A closed session should be used for all quasi-judicial deliberations where a pensioner's identifying information is coupled with sensitive medical information. Desensitized and/or de-identified medical information can be discussed in open session so long as the identity of the pensioner is not revealed.

RCW 42.30.110, which provides the basis for lawful executive sessions, does not include a provision for discussions involving protected medical information, and should not be relied upon as a justification for the private deliberations of the Board.

### **CONFLICT OF INTEREST**

Voting on any item in which the Board Member has a conflict of interest, is permissible provided the member declares such interest.

## **DEATH BENEFITS**

\$1,000 death benefit, per RCW 41.20.090. The Board secretary is authorized to process payment for a death benefit pursuant to RCW 41.20.090 upon receipt of confirmation of death of an eligible member. The benefit will be presented to the Board at the next scheduled meeting for formal approval.

## **DENTAL**

The Board authorizes:

1. Examinations, fillings, extractions, crowns, and repair of dentures, maximum of \$1,200, per calendar year
2. One set of bridges, OR one set of full or partial false denture plates, OR dental implants, maximum of \$1,500, one (1), lifetime payment
3. Dental charges incurred by a member who sustains an accidental injury to his or her teeth and who commences treatment by a legally licensed dentist within 90 days after the accident. A letter from the dentist describing the accidental injury and a treatment plan, must be submitted to the Board for pre-authorization.

Cosmetic dental work, gold fillings or gold teeth, are not covered by the Board.

Orthodontic work that has a direct relationship to an identifiable physical disorder requiring medical treatment and is prescribed by a dentist or doctor, will be considered by the Board. A letter from the dentist or doctor describing the reason for orthodontic work for a physical disorder, including a treatment plan, must be submitted to the Board for pre-authorization.

Orthodontic work that is considered a cosmetic disorder which may be alleged to cause incidental emotional discomfort, is not covered by the Board.

## **ELECTIONS**

The Board shall conduct elections per RCW 41.20.010 for a Representative to the Police Pension Board.

## **ERECTILE DYSFUNCTION MEDICATION**

The Board authorizes:

1. Payment of erectile dysfunction medication, with no restrictions on medicine dosage, if prescribed by a physician

## **HEARING AIDS**

The Board authorizes:

1. A maximum payment of \$1,800, per hearing aid, for the initial hearing aid(s) prescribed by a state licensed audiologist

The Board may consider, on an individual basis:

1. A request for hearing aid replacements, once every five years, based upon information provided by a state licensed audiologist
2. A request for hearing aid repairs. A state certified audiologist must provide the reason the hearing aid needs repair

Replacement batteries will be at the pensioner's expense.

## **IN-NETWORK PROVIDER**

Pensioners are encouraged to utilize in-network medical and dental providers and in-network providers who accept Medicare. If a pensioner chooses an out-of network provider or a provider that does not accept Medicare, the bill may not be paid or paid in full by the Board.

## **INSURANCE PREMIUMS**

Monthly medical and dental insurance premiums will be paid by the Board.

## **MASSAGE THERAPY**

The Board authorizes:

1. \$25 per visit, maximum of two (2) visits per month
2. Pre-approval by the Board is required if more than two (2) massage therapy visits are prescribed by a physician. A letter from the physician, describing the reason more than two massage therapy appointments per month are needed, must be submitted to the Board.

## **MEDICARE PREMIUMS**

Members will be reimbursed for the base Medicare Part B premiums upon presentation of verification of enrollment to the Board.

## **MEETINGS**

Regular meetings will be held on the third Thursday of each month, at 8:15 a.m. in the City Manager's Conference Room.

## **MENTAL HEALTH**

Mental health treatment must be by a licensed mental health therapist, psychologist or psychiatrist.

## **NATUROPATHIC SERVICES**

Naturopathic Physicians are not classified under the RCW 41.26 and therefore, are not covered under minimum medical.

## **NOTIFICATION OF CITY OF RICHLAND PENSION AMOUNT CHANGES**

The City of Richland (COR) will notify pensioners/surviving spouses of any wage adjustments to their COR pension amount due to actions by the Department of Retirement Systems, Police Guild Collective Bargaining Agreements or the Compensation Plan for Unaffiliated Staff.

## **OPEN GOVERNMENT TRAINING ACT**

- During the 2014 legislative session, the Washington State Legislature passed ESB 5964, known as the Open Government Training Act. Effective July 1, 2014, all members of a governing body of a public agency, subject to the Open Public Meetings Act (OPMA), must receive basic training in public records, records retention and open public meetings. This includes Richland's Boards, Commissions and Committee Members.
- This training must be completed within 90 days from being elected to the Police Pension Board.
- This training is required to be repeated every four years. The Board Secretary shall track this training and alert the Board Members when four years have passed and provide instructions on how to repeat the training.
- The Open Government training can be obtained online at the Washington State Attorney General's Office website or by another accredited entity.

## **PHYSICAL EXAMS**

The Board authorizes:

1. \$400 maximum payment, per calendar year

## **PRESCRIPTION PRE-AUTHORIZATION**

Any pensioner filling a drug prescription that requires pre-authorization based on FDA guidelines and/or the City of Richland's current healthcare benefits administrator, is required to follow the process set forth by the healthcare benefits administrator.

## **PREVENTATIVE IMMUNIZATIONS**

The Board authorizes:

1. Covered immunizations, including screenings and boosters as needed, are: annual flu vaccine; H1N1 vaccine; hepatitis B; shingles vaccine; pneumonia vaccine; or other immunizations, prescribed by a physician

## **PHYSICAL THERAPY**

Physical therapy, past the maximum days provided by the City of Richland's current health care benefits plan, must be pre-approved by the Board. A letter from the physician, describing the reason why more physical therapy appointments are necessary beyond the maximum days provided by the current health care benefit plan, must be submitted to the Board.

## **REMOTE BOARD MEETING PARTICIPATION**

A member of the Pension Board may attend and participate in all or part of the Pension Board regular, special or emergency meeting by speaker-phone or other form of telephonic communication by which the member can hear what is said at the meeting and be heard by other persons attending the meeting. However, a member who is physically present must preside over the meeting.

A teleconference member will be counted to constitute a quorum, provided the member is actively on line at the beginning of the meeting and remains on the line through discussion and voting on all action items. The teleconference member must be active on line for the entire discussion on all actions items for his vote to be counted.

A member who plans to attend a meeting by telephonic means is required to notify the Board Secretary one-week prior to the scheduled meeting so that all telephonic equipment can be procured, set up and the phone-in time established.

### **SUBSTANCE USE DISORDER - Alcohol\Drug\Tobacco**

The pensioner is required to complete the substance use disorder program offered by the City of Richland's health care benefits plan before an out-of-network plan can be submitted to the Board for authorization.

A one-time treatment each for alcohol, drug and smoking cessation programs must be submitted to the Board for pre-approval. The Board will determine compensation by the average cost of each treatment in the surrounding region. Travel expenses to and from the treatment are not included.

### **SURVIVOR BENEFIT**

The Board determined that it still has the obligation to calculate the benefits under RCW 41.20 and subtract the amount paid by LEOFF, and that the statute does not allow for a reduction of those benefits for any reason. Accordingly, if a retired member selects a survivor option, the Board would have the obligation to pay the difference under the excess of benefits calculation.

### **TRAVEL EXPENSE REIMBURSEMENT**

The Board uses the City of Richland's most current travel policy for travel and meal expenses. A pensioner's travel plans must be submitted to the Board for pre-authorization before traveling for official Board business or for medical treatment.

### **VISION**

The Board authorizes:

1. One eye examination, per calendar year
2. One pair of eyeglass lenses OR a maximum payment of \$200 for contact lenses, per calendar year
3. Eyeglass lenses may include:
  - anti-scratch coating
  - anti-glare coating

- color tinting, if prescribed by a doctor
  - transition lenses, if prescribed by a doctor
4. A maximum payment of \$150 for frames, per calendar year
  5. Broken eyeglass lenses and frames, will not be replaced
  6. Sunglasses will only be covered if they are prescribed by a physician for treatment of a specific medical condition. A letter from the physician prescribing the sunglasses must be submitted to the Board for pre-approval.